



ABILENE TWO STEP

Description: Partner Two step

Chorégraphe: Dan Albro

Comptes: 64 comptes,

Niveau: Intermédiaire

Musique: Abilene on Her Mind by Buddy Jewell Intro: 16 counts

Southern Comfort Zone by Brad Paisley Can be done to many two-step songs

Start: Side by side, facing FLOD, men inside, ladies outside

SECTION 1: 1-8 VINE LEFT, STEP, BRUSH, STEP, BRUSH

1-4 Step side L, cross step R behind L, step side L, brush R fwd

5-8 Step R next to L, brush L fwd, step L next to R, brush R fwd

SECTION 2: 9-16 MAN TURNS LADY 1¼ RIGHT, STEP, BRUSH, STEP, BRUSH

1-4 H: Turn ¼ right stepping fwd R, step fwd L, step fwd R, brush L(OLOD)

F: Turn ¼ right stepping fwd R, turn ½ right stepping back L, turn ½ right stepping fwd R, brush L (OLOD)

5-8 Both: Step side L, brush R, step side R, brush L

Hands: Release left hands count 1 and turn lady under right, pick up left hands count 4 (hands at her shoulders)

SECTION 3: 17-24 VINE LEFT ¼ TURN, STEP FWD, BRUSH, STEP FWD, BRUSH

1-4 Step side L, cross step R behind L, turn ¼ left stepping fwd L, brush R fwd

5-8 Step fwd R, brush L fwd, step fwd L, brush R fwd

Hands: On count 3 return to side by side position.

SECTION 4: 25-32 ROCKING CHAIR, HEEL TOE STRUTS

1-4 Rock fwd R, replace weight back on L, rock back R, replace weight fwd on L

5-8 Touch R heel fwd, drop R toe (weight R), touch L heel fwd, drop L toe (weight L)

SECTION 5: 33-40 ROCK, REPLACE, ¼ TURN, HOLD, H: MAMBO, HOLD

F: STEP ½ TURN, STEP,

1-4 Both: Rock fwd R, replace weight on L, turn ¼ right stepping side R, hold (OLOD)

5-8 H: Rock fwd L, replace weight on R, step L next to R, hold

F: Step fwd L, pivot ½ right (weight on R), step fwd L, hold (ILOD)

Hands: Count 5 left hands over ladies head

SECTION 6: 41-48 MAMBO, MAMBO WITH HAIR BRUSHES

1-4 H: Rock back R, replace weight on L, step R next to L, hold

F: Rock fwd R, replace weight on L, step R next to L, hold

5-8 H: Rock fwd L, replace weight on R, step L next to R, hold

F: Rock back L, replace weight on R, step L next to R, hold

COUNTRY FOR TWO

Hands: Optional hair brush, count 1 bring left hands over lady, on count 5 bring right hands over lady, pick up right on 8

SECTION 7: 49-56 MAMBO (LADY ½ PIVOT), HOLD, ROCK, REPLACE, ¼ TURN, HOLD

1-4 H: Rock back R, replace weight on L, step fwd R, hold

F: Step fwd R, pivot ½ left weight on L, step fwd R, hold (OLOD)

5-8 Both: Rock fwd L, replace weight on R, turn ¼ left stepping side L, hold (FLOD)

Hands: Count 3 pick left hands in indian position, on count 8 returning to side by side position

SECTION 8: 57-64 HEEL, HOOK, HEEL, TOGETHER, HEEL, HOOK, HEEL, HOLD

1-4 Touch R heel fwd, hook R heel in front of L knee, touch R heel fwd, step R next to L

5-8 Touch L heel fwd, hook L heel in front of R knee, touch L heel fwd, hold

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